

Healing: God's Way

By Dan Parr

Introduction

From the very beginning I would like to make one thing clear: I am not proclaiming anything new in this paper. The truths revealed in the following pages have been available to all for centuries, as recorded in God's Holy Word. These truths about healing are as reliable about the truths about salvation and forgiveness. But somehow over the years many in the faith have "lost" these wonderful promises of God. Some have robbed these truths of their power by their failure to believe God's Word. You may wonder how our unbelief could rob these truths of their power. I would invite you to read the words of the book of Mark:

“Jesus said to them, "Only in his hometown, among his relatives and in his own house is a prophet without honor." He could not do any miracles there, except lay his hands on a few sick people and heal them. And He was amazed at their lack of faith.” Mark 6:4-6

“He could not do any miracles there...He was amazed at their lack of faith.” Unfortunately many in Christendom are no different today. We read the Word of God faithfully, we listen to Christ's Words, and we believe some of His Words. But, when it comes to healing, we have accepted the lies of the enemy instead of the truth from God. So still today, within Christ's own hometown (the church) many of his own family lack faith. Notice that He still healed them, but could not do any miracles there. Healing is not a miracle. This is not to rob the healing of its divine significance but, as this verse points out, it is just something God does. What we often think of as a miracle is normal for Christ. Which as you'll see is one more reason you should not think it unusual to be healed by God. He loves you and wants you healed.

I would also like to make clear this is not a “Name it and Claim it” type of teaching. All that is being presented is the Biblical case for healing. I think it is also important to point out that I am not a “Faith Healer”. In fact I can do nothing on my own. I can not heal anyone, but God can. Without God all of us are completely and totally void of power. God alone can heal, not man. And just as God alone can heal, He can choose to do it in a variety of ways. What's important is not “how” the healing occurs, but “that” the healing occurs.

My only intent with this paper is to bring glory to God by proclaiming His truth to help many of His people who are needlessly suffering. Before we begin, pray this prayer with me:

Heavenly Father, we recognize You are the author and giver of life. We know that You alone can do all things. Lord, we pray that in the pages that follow Your timeless truth would be revealed. That You Lord, through the simple words on these pages, would stir the hearts of all who read them. That they would accept Your truth and that You would work in their lives to bring the healing they desire. Lord, may only what is truth be absorbed and accepted. May You cause it to be the mustard seed of faith in their lives that would grow. May You touch and heal my brother or sister that is reading this now. Reveal Your truth to them. Heal them I pray by Your stripes and in the powerful name of Jesus. Amen.

May God bless you as you seek and learn more about Him. To God be the Glory, for great things He has done!

PART ONE

ACCEPT THE GIFT

PART ONE: ACCEPT THE GIFT

Do you believe in God? If you do, what do you believe about God? Do you believe that He is a vengeful, mean, Supreme Being, who is looking for our every mistake so He can inflict His wrath upon us? Or do you believe He is a loving God who cares about you and wants to help you?

How you view God will determine what kind of relationship you have with Him. If you are one of the unfortunate ones who wrongly believes that God is just waiting for you to make a mistake so He can punish you, then your relationship with Him will be lacking. However, if you believe that He loves you, and wants you to love Him, then there can be great joy in your relationship.

First let's clear things up for those who believe God is out to get them. If God is out to get you, why would He send Jesus to die on the cross for you? He could have simply left us to our own devices and let us follow the path of sin without redemption. But that is not what we see in Scripture. One of the most quoted verses of the Bible tells us:

“God so loved the world that He gave His only begotten Son, that whosoever believeth in Him will not perish, but have eternal life.” - John 3:16.

And elsewhere it is written:

“Christ who loved us enough to die for us.” - Romans 8:37b

It's indisputable. It is written in His Word. God loves you. Why would someone who loves you enough to die want to wait until an error is made so they can inflict wrath on you? Suppose (or perhaps you already have) you met the man or woman of your dreams. They are everything to you. You love them so much that you gladly make your life revolve around them without jealousy or resentment. Being with them is complete and total bliss. You could be no happier than you are when you are with them. Now, if you are in this relationship... would you be wringing your hands waiting for them to make a mistake so you can lash out at them? Of course not! That's is not true, perfect love. And that is God's love towards us, true and perfect love. He loves you so much that He died for you so He could spend eternity with you. That is a true and perfect love. God loves you perfectly. It would be impossible for Him to love you any other way. God loves you, accept it, rejoice in it!

To experience God's healing in our lives, one of the things we must first have is a mustard seed of faith that He can heal us. You can have this by having a right relationship with His son, Jesus Christ. For it was Christ who died on the cross for our sins, and who willingly accepted the stripes on His body for our sickness. If we believe that Jesus is our sin substitute and have asked Him to be Lord (Ruler) of our lives, we can accept the healing He has to offer us.

THE PLAN OF SALVATION

If you have never had a personal relationship with Jesus Christ and would like to, you can this very moment. Right now, you can change your eternal destiny and gain hope for today! The Bible tells us that we all have sinned and that is keeping us from God. But Jesus came to die as our sin substitute. He took our sins with Him on the cross. And now, by recognizing His sacrifice for us we can have our sins wiped away forever and have a relationship with God through Jesus. Read the scriptures below:

"All have sinned and fall short of the glory of God." Romans 3:23

"For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord." Romans 6:23

"He (Jesus) sacrificed for their (our) sins once for all when he offered himself." Hebrews 7:27

"If we claim to be without sin, we deceive ourselves and the truth is not in us. If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness." 1 John 1:8-9

"Believe in the Lord Jesus, and you will be saved." Acts 16:31

"For it is by grace you have been saved, through faith, and this not from yourselves, it is the gift of God, not by works, so that no one can boast." Ephesians 2:8-9

"Therefore if anyone be in Christ he is a new creation; the old has gone, the new has come!" 2 Corinthians 5:17

"Everyone who calls on the name of the Lord shall be saved." Acts 2:21

If you would like to begin a new life, and a relationship with Jesus Christ, then honestly say this prayer to God. He is waiting with arms wide open!

"Jesus I know I am a sinner and You are my only hope for salvation. I ask You to come into my life and to direct it. I surrender myself to You completely. I thank You for the great sacrifice You made for all the things I have done wrong. I accept the gift of Christ You are offering me. I desire to have a relationship with You. Come and live within me and make me new today. Amen."

If you have prayed this prayer you have caused a celebration in heaven. You have caused the angels to sing and rejoice!

"I tell you, there is rejoicing in the presence of the angels of God over one sinner who repents." Luke 15:10

Congratulations, your life has changed! You have been forgiven of your sins. Christ now lives in your heart! He will now lead you and guide you into all truth and you will never be alone again!

"Never will I leave you; never will I forsake you." Hebrews 11:19

PART TWO

BELIEVE THE

AUTHORITY OF SCRIPTURE

PART TWO: BELIEVE THE AUTHORITY OF SCRIPTURE

If you want to be healed of your sickness, one of the first things you have to do is settle on the authority of Scripture, the Living Word, The Bible. If you fail to accept the Bible as the final authority you will forever question whether or not you can be healed.

We must believe the things that God reveals about Himself in the Bible. We must accept them as the final authority in our lives. We must be willing to say: “I do not care what circumstances say, I do not care what my symptoms may be. God’s Word is the truth. God’s Word is reality.”

I realize this may not be an easy thing to accept at first because it defies our logic. It wars against what we have experienced and what we have seen. But let us not forget God’s reminder to us:

“Faith is being sure of what we hope for and certain of what we do not see.”

-Hebrews 11:1

In the pages that follow you will come to understand that God’s Word is the truth that must be the foundation of your life. If we build our lives on anything but God and His Word, we will never have peace. We will be constantly be blown about by the winds of adversity. But when we choose by faith to stand on God’s Word, things happen. As our faith in Him rises, as our faith in His Word grows, we see Him move in miraculous and amazing ways.

Many in Christ accept only part of His Word. They may believe that Jesus can save them from their sins, but they completely disregard the case for healing. They may offer up a prayer for healing, but deep down they have no expectation that healing will truly come. Instead their prayer is more of a wish that they believe has little chance of happening. Oh the things that could happen if they would only accept Scriptural authority! To receive God’s gift of healing we must learn to stand steadfast on His Word. We must accept it and it alone as the basis for our faith.

How do we know we are saved by our belief in Jesus? Is it not because we believe what the Bible tells us? The story of our redemption says that God required righteousness, but man fell and could not achieve righteousness on his own, so God sent His son who lived a perfect and

sinless life. He was beaten, crucified on a cross, was placed in a tomb and then raised from the dead.

We don't believe that because someone told us. We believe it because it is Scriptural. We believe it because God has revealed his plan of salvation to us in His Word. We believe it because it is the truth.

If we can believe God's plan for our salvation, then we should also be able to believe God's plan for healing. We can believe it because, as you will see in the following pages, it is Scriptural. God has revealed his plan of healing to us in His Word. God's Word is truth.

THE ATONEMENT FOR SIN / THE PROVISION FOR HEALING

In the past I have often wondered about the beating Jesus took before being nailed to the cross. I understood that for our sins to be forgiven a sacrifice had to be made. Just as God provided Abraham with a sacrifice (Genesis 22:13), He provided with us one too: Jesus. But why did Jesus have to be beaten so severely first? Why did God have the Roman soldiers mark his body with whips? Over time the answer has become clear. The reason God allowed Jesus to be so severely beaten before his crucifixion was for our sake! Jesus' body became stripped (wounded) by the cruel Roman guards so that we would be healed.

“By His stripes (wounds) we are healed.” -Isaiah 53:5

Jesus was beaten then nailed to the cross, which was then lifted up and put in place. The example we see of this is from the Old Testament book of Numbers, Chapter 21. There God instructed Moses to make a bronze snake for the Israelites to look at when they were bitten by snakes. They needed to turn their eyes to the bronze snake if they wanted healing. In the same way, we must turn to Christ who was lifted up on the Cross for our salvation and our healing.

“As Moses lifted up the serpent in the wilderness, even so must the Son of Man be lifted up.” John 3:14

There is something else that is interesting here. Notice the Israelites got bit by snakes! God did not simply remove all the snakes from the land. Instead He made a provision. Snakes were in the land. That was just part of life since the fall back in Eden. In the same way now, sickness is still in the land; it is part of the fall. But glory to God, He has made a provision. By looking at Christ, we are healed!

In 1 Peter we can see the two-fold work of God forgiving our sins and healing our bodies:

"He committed no sin, and no deceit was found in his mouth." When they hurled their insults at him, he did not retaliate; when he suffered, he made no threats. Instead, he entrusted himself to him who judges justly. He himself bore our sins in his body on the tree, so that we might die to sins and live for righteousness; by his wounds you have been healed." 1 Peter 2:22-24

Some believe this is about salvation only. They would say that our "healing" is a spiritual healing of sin. I agree with that. I believe Jesus died on the cross to forgive us of our sins, and that we are healed from sin by His work. But I believe there is more. I believe God often has more than one meaning in His words. In but one example:

Now Caiaphas was he that gave counsel to the Jews, that it would be good that one man should die for the people. John 18:14

Here Caiaphas meant: 'Let's put Jesus to death, so the Romans don't come and kill all of us.' But God had a double-meaning for it: "Let Jesus die, so that all mankind can be saved."

I believe we can take the scripture **"By His wounds you have been healed"** at face value in this instance because we have other scriptures that back it up. Praise God that He is "God-enough" to heal us both spiritually and physically!

THE CASE FOR HEALING

The following section outlines the case for healing as outlined in God's Word. A more in depth study will follow in subsequent sections.

In the Bible we read that Jesus healed everyone (read that again: EVERYONE) who asked Him for healing.

“They begged him to let them touch just the edge of his clothes. Everyone who touched his clothes was made well.” -Matthew 14:36

“Jesus Christ is the same yesterday and today and forever.” -Hebrews 13:8

Jesus is the exact representation of God in the flesh. He is God. They are one and the same.

"If you have seen Me, you have seen the Father!" -John 14:9

If Jesus healed people then, He heals people now. It is His nature to heal, because His nature does not change. He healed then, so He heals now.

Jesus brought people back from the dead (see Lazarus in John 11:43-44 , see the Widow of Nain in Luke 7:11-17). If He can bring people back from the dead then what right do we have to question His ability, or willingness, to heal any sickness, disease or illness?

God's will (which is also Jesus' will) is for you to be healed! How do we know this? Because He healed EVERYONE who asked Him! Everyone who came to Him and asked to be healed, was healed. He healed them because He loved them. He was full of compassion for them. He loves us just the same as He does them. He has not changed, He is still the same God who has always loved, always been full of compassion and always healed! They asked for healing and were healed. When you ask for healing you will be healed.

Listen to the words of Christ and let them be an encouragement for you:

"Did I not tell you that if you believed, you would see the glory of God?"

-John 11:40

God is willing to heal you, but you must ask. Remember what we are told about Him in Scripture:

"The Lord is full of mercy and compassion." – John 5:11

Jesus told us that He came not to do His will, but the will of the Father's.

Jesus therefore answered and said unto them, Truly, truly, I say to you, The Son can do nothing of himself, but what he sees the Father doing: for what things He does, the Son also does." -John 5:19

Everything Jesus did was the Father's will. He healed people because it was the Father's will to heal people.

Therefore there is no need to pray, "God heal me if it is your will." We know it is His will. Healing is a gift He is more than willing to give us if we simply ask. He has showed us His will already, and that is to heal. When we pray for healing and then add, "if it's Your will", we are simply kicking open the door to doubt. Doubt has no place. Only faith in what Jesus has already done of the cross and told us in His Word is what matters.

"This is the confidence we have in approaching God that if we ask anything according to His will, He hears us and if we know that He hears us whatever we ask we know we have." 1 John 5:14-15

"He healed ALL the sick. This was to fulfill Isaiah 53:4, 'He took up OUR infirmities & carried away OUR diseases.'" Matthew 8:17

WE are included in that ALL, and those OURs! This is something Christ has already done for us. He has already paid the price of our sin and our sickness. By the work of Christ, we are healed.

We Jesus sent out the 12 disciples to teach about Him the Scriptures record that:

“He gave them authority to heal every disease and sickness.” Matthew 10:1

He was doing what He saw His Father doing. He gave authority to heal because He does only what He sees His Father doing. God gave Jesus authority to heal. Jesus gave us authority to heal. It is by God’s authority we are healed.

Jesus gave authority to more than just the 12. He also gave authority to the 70 he sent out (Luke 10:9). This was to point out that He gave this authority to all who were/are His disciples. If you follow Jesus, you are one of His disciples. If you are one of His disciples He has given you authority to heal.

One thing that is very important for us to do is follow what the Bible says about healing and getting healed. God has made this very clear and has outlined what we are to do. One of the things He tells us in James is that we if any among us is sick then they should be prayed for and anointed with oil.

“Is any sick among you? Let him call for the elders of the church; that they may anoint him with oil and pray over him. And the prayer offered in faith will make the sick person well.” -James 5:14-15

Go to your church elders, have them anoint you with oil. Fulfill your part by doing what is instructed in Scripture. Then trust God to fulfill His part. He will, because He is always faithful.

This commandment is for the Church, the body of believers in Jesus. It has never been revoked. It has never been taken away. But it has been misunderstood and therefore robbed of its power.

QUICK REVIEW

Jesus came to do God's will.

Jesus healed all who asked Him.

Since Jesus healed, it was God's will to heal all who ask Him.

Jesus told us:

“Whatever you ask in My Name I will do” John 14:13.

He has already taken our sickness and diseases. Therefore we do not need to bear them again.
He has already done this for us.

We can have confidence that whatever we ask according to His will we will have it from Him
Jesus healed, so it is God's will for healing.

Ask for healing and then receive His healing.

It is simple because salvation is simple. But don't confuse simple with easy. For salvation we have to die to self to live for Christ. For healing we have to die to feelings and wrong thinking so we may live in Christ's words.

PART THREE

CONFESS HIS WORD

PART THREE: CONFESS HIS WORD

We must have more faith in God's Word than we do in our feelings and symptoms. What this means is that when you ask for healing do not immediately afterward judge if it worked or not based on if you "feel" healed. Instead say, "I am healed because IT IS WRITTEN in Isaiah 53:5 **by His stripes we ARE healed.**" You may not "feel" anything right away. But your feeling is not what matters. What matters is the Word of God. Learn to stand steadfast on the Word of God.

After you ask for healing do not confess what is contrary to what God has told you. Do not say, "I feel sick." Or, "I hope He heals me." Or, "I still have pain." Instead let your words and thinking line up with Scripture. Scripture, which is true, says "**By His stripes, we are healed.**" Don't confess anything else other than the truth of God's Word.

Stay in agreement with God's Word. His Word is living and active. When we choose to stay (abide) in His Word we see it accomplish what it says. After you pray for healing, don't confess your sickness. You may not feel well at the moment, but don't confess your feelings. They are detractors from the truth of God's Word. Confess the end result that His Word is has accomplished: that you are healed. Remember that we are called to live by faith and not by sight. Confess your healing.

When well-intentioned people ask you how you are feeling don't say, "Oh, I'm so sick." Or "I wish God would heal me" or any other such sentiment. Instead say, "By Christ's stripes I am healed." If they push and say, "But you look awful!" Say back, "I stand on the Word of God, and it says 'By His stripes I am healed.' I choose to believe Him."

If you make any confession other than God's Word it would be like saying, "Lord You told me that You will heal me in Your Word. I asked You to heal me, but I don't feel anything yet. So it must not have worked. Your Word must wrong." In effect what saying that means is that God has lied to us. But let's go back to the truth of Scripture. What does it say?

See Hebrews 6:18 "It is impossible for God to lie."

And see **Psalm 89:8: Oh LORD God of hosts, who is like You, Oh mighty LORD?
Your faithfulness surrounds You.**

Instead if you have symptoms at the moment, you don't have to deny them but you do have to confess what God has said about the situation: "It is written by His stripes I am healed." God's Word made the Heavens and the earth. God's Word defies reality. God's Word is our authority. We must learn to confess and believe God's Word.

This is what you need to confess: "Jesus has taken away my sicknesses and diseases and carried my pains. Since He has taken them away, I refuse to take them back. God's Word defines reality. God's Word is real. By God's Word I am healed for it is written: By His stripes I am healed. Thank You Jesus for healing me."

**"Faith is being sure of what we hope for and certain of what we do not see."
Hebrews 11:1.**

It's not a matter of having enough faith for Jesus told us:

**"If you have faith as small as a mustard seed, you can say to this mountain, 'Move from here to there' and it will move. Nothing will be impossible for you."
Matthew 17:20.**

The amount of faith is not the issue. The issue is that you must have faith in Jesus' words. You either believe what He tells you or you do not.

We must be convinced that God will do what we have asked Him to do. Not because He has to, but because He wants to. Because He loves us. In James 1:6 we're told that the person who prays one thing without faith will not receive what he is asking, because he is double-minded. Put your faith in action. Believe the words of Christ. Watch and see what happens. As the farmer sows the seed, you too can sow the Word of Christ and watch it grow in your life.

Does a seed instantly turn into a plant? I suppose there may be some that I am not familiar with, but for the most part seeds need to germinate before they grow. Plant God's Word in your heart

and watch it grow. If a seed will produce growth, how much more will your Heavenly Father's Word grow in you!

The healing may or may not take place instantly. But that doesn't mean it isn't working. Remember it is impossible for God's Word not to work. See Isaiah 55:11, God's Word will not return void. We also have to remember that this is a spiritual battle.

There is so much going on in the spiritual realm and most of the time we are unaware of it. I invite you to read the Old Testament book of Daniel chapter 10. In this chapter Daniel had been fasting and praying but not seen any results. But then an angel comes to him and tells him the reason for the delay in his answer to prayer:

“Then he continued, "Do not be afraid, Daniel. Since the first day that you set your mind to gain understanding and to humble yourself before your God, your words were heard, and I have come in response to them. But the prince of the Persian kingdom resisted me twenty-one days. Then Michael, one of the chief princes, came to help me.” -Daniel 10:12-13

Let us not forget that this battle for healing is spiritual.

**“Put on the full armor of God so that you can take your stand against the devil's schemes. For our struggle is not against flesh and blood, but against the rulers, against the powers, against the world forces of this darkness, against the spiritual forces of wickedness in the heavenly places.”
-Ephesians 6:11-12**

And because it is a spiritual battle we need to be spiritually equipped with the armor of God as described in Ephesians:

“In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. Take the helmet of salvation and the sword of the

Spirit, which is the word of God. And pray in the Spirit on all occasions with all kinds of prayers and requests.” –Ephesians 6:16-18

To experience God’s healing you must stand in firm agreement with His Word. Confess His Word aloud over and over and over again. Read Scriptures aloud which describe healing.

Never confess defeat. Don’t let the enemy gain any victory. Confess only God’s Word and watch what happens – you will be healed! In fact you are healed when you first pray for healing, but sometimes as the spiritual battle rages on in the unseen world you may not immediately see the physical manifestation of it. But rest assured you are healed. Continue to confess His Word.

PART FOUR

DAY DREAM & VISUALIZE

PART FOUR: DAY DREAM & VISUALIZE

I read an article months ago about children who had cancer. The treatment for some of these children was very interesting. They were told to visualize in their minds the cancer cells that were in their body. They were then guided in to seeing themselves being able to shoot and destroy their cancer cells with a laser gun. Remarkably many of the children who did this were able to recover faster than those who did not.

In fact this is such a powerful concept that CIGNA, a health insurance company, gives out specially designed computer games to children with cancer. The purpose and intent of the game is not only to educate the children about cancer, but also to help them to visualize cancer cells being destroyed. While the company may or may not know it, they were promoting a principle we see in Scripture.

Day dreaming or Visualization is an important part of healing. The images we see in our minds, the pictures we carry around of ourselves in our head, have a direct affect on the type of life and the quality of life we live.

In Proverbs we are told:

“For as a man thinks within himself, so he is”

-Proverbs 23:7

As with much of Scripture there is more going on than just healing in this verse. But for our purposes it correctly points out that if you see yourself as sick, you will be sick. And conversely if you see yourself as healthy you will be healthy. The mind God has given you is an incredibly powerful tool. The fact that we only use about 10% of our brain should tell us something about the power it holds that we have not yet tapped.

With your mind God has given you the ability to see yourself differently than you may currently be. Imagine God’s finger coming down and touching you where you are sick. See the healing power leave His finger and enter your body. See yourself starting to move and respond to the healing. See yourself standing in amazement totally healed. See yourself jumping up and down, shouting, and praising God for His healing touch! If you can see it, it can happen.

Years ago I was diagnosed with mitral valve regurgitation. Essentially what this means is that one heart valve is not working correctly. The doctor informed me I would eventually need surgery. The thought of surgery was unappealing so I began to pray and ask God to heal my heart. In my mind I also began visualizing conversations with my doctor. I imagined him shaking his head in disbelief when he checked out my heart again and found it to be in perfect working order. I could see my doctor join me on stage as I talked to audiences about healing. I would play these day dreams or “mind movies” over and over again in my head. By doing so I was building my faith in what God is able to do.

Following your doctor’s advice is important. I continue to visit my doctor. God may choose to heal you through a doctor. But don’t be surprised if your doctor finds you well enough that his services are no longer required.

There is one other distinction I feel needs to be made. I will stand on God’s Word, confess the truth, create mind movies of healing, and build my faith in God, but it is still God that is doing the healing. I am following His plan, but He is the one responsible for the healing – not me. Our healing is of God. Our job is to stand on His Word and hold fast to His Truth. I can not force God to heal me by doing these things. My healing is not dependent upon my faith. My healing is dependent upon Him. If it were dependent on me then I, in a sense, would be acting as God. If I could force God’s hand by my actions, then I would be controlling God. If I could control God, He would not be God. It is important to understand this difference. It is by God alone that our healing comes, and He alone will choose how to heal.

PART FIVE

EAT RIGHT & EXERCISE

PART FIVE: EAT RIGHT AND EXERCISE

Some may wonder what this part has to do with God's healing of our bodies. Why would this even be included in the discussion? The fact is God is very interested in how we treat our bodies.

"Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your body." (1 Cor. 6:19-20).

Betty Miller wrote an excellent article entitled, "*What Does the Bible Say about Diet?*" in the *Overcoming Life Digest* (Nov./Dec. 1997 Issue). It is listed below:

Song of Solomon 2:15 says, "Take us the foxes, the little foxes, that spoil the vines: for our vines have tender grapes."

Foxes sometime in search of food would enter into the grape orchards and devour the grapes and spoil the crop. However, the little foxes were too small to reach the grape bunches so they would chew on the vines and it would kill the whole vine. Instead of the farmer just losing his crop, he would lose his vine which was more disastrous. Spiritually some things we do or allow that we might think is little or insignificant can also be disastrous for us.

The "little fox" that I want to address in this article is one that can cause many problems in our lives if indulged in for a long period of time. It is an excess that can cause many maladies. It is over-eating or what the Bible calls gluttony. The over-use of the fork has been the death of many, especially in our country where there is such an abundance of all kinds of food. Also, we are all especially tempted to overeat during the holiday season since partaking of food is a big part of our celebrations. Because we all have to eat every day this little fox can slip in easily.

Proverbs 23:19-21 says "Hear thou, my son, and be wise, and guide thine heart in the way. Be not among winebibbers; among riotous eaters of flesh: For the drunkard and the glutton shall come to poverty: and drowsiness shall clothe a man with rags".

With so much emphasis on proper eating and physical exercise here in America, it has caused many to examine their lifestyles. A lot of people have now become out of balance by putting too much emphasis on the physical man while neglecting the spiritual man. The other extreme is to be so spiritually-minded that we neglect our bodies by overeating or lack of exercise. The Lord desires order in this area, as our physical condition, if it is not properly cared for, affects our spiritual condition. We cannot serve the Lord to the fullest if our bodies are run down and tired and not functioning as God designed them to function. The medical world is now recognizing that gluttony is one of the major causes of many of our modern day illnesses. Moderation should be our guide.

Philippians 4:5, "Let your moderation be known unto all men. The Lord is at hand".

As Christians we are to realize the emphasis is to be put upon the spiritual man; however, just because we have an understanding of our spiritual position in Christ does not mean we can break His physical laws of health and not suffer the consequences. The spiritual man should always be given top priority as it needs to be in ascendancy. Its influence over the physical man is greater than the physical man's influence over it. We need proper balance between neglecting our bodies and giving them too much attention.

"For bodily exercise is of some value: but godliness is profitable unto all things, having promise of the life that now is, and of that which is to come" (I Timothy 4:8).

It is easy to recognize that one of the greatest sins in the United States is gluttony. Food has become the god of millions. Jesus has never been made "Lord of the Fork." The Word of God has much to say about man's eating habits. Many sicknesses that are plaguing mankind stem directly from unhealthy eating habits. How should Christians eat? Are all the so-called health foods the answer to our diet problem? The Word of God not only addresses what is healthy for us to eat, but also the spiritual problems we have in this life. Since the Lord created the human body, He certainly knows what is best for us to eat.

So many have been eating according to the tradition of men instead of seeing what God's Word says about this subject. If we do not eat by the Word of God, our eating habits will be dictated by the patterns of what we have been exposed to in our lifetimes. I will not address the kinds of food

we should eat here other than to say that natural foods that are "living foods" (fresh fruits and vegetables, grains, legumes, certain meats, and dairy products) are the best for us. The "dead foods" or "junk food" are those that are highly refined and processed and have little nourishment in them.

Daniel and his companions proved the wisdom of eating properly when they refused to eat the King's meat and instead ask for pulse (vegetables and grains) and water to drink for ten days. After that period of time they appeared more healthy than the other servants of the King.

“Daniel then said to the guard whom the chief official had appointed over Daniel, Hananiah, Mishael and Azariah, "Please test your servants for ten days: Give us nothing but vegetables to eat and water to drink. Then compare our appearance with that of the young men who eat the royal food, and treat your servants in accordance with what you see." So he agreed to this and tested them for ten days. At the end of the ten days they looked healthier and better nourished than any of the young men who ate the royal food. So the guard took away their choice food and the wine they were to drink and gave them vegetables instead.” Daniel 1:12-16

If we are overweight it came about not suddenly, but rather "little by little". This "little fox" begins adding the pounds before we realize it. Each day we over indulge until we become fat. (I realize some people do have overweight problems that stem from hereditary problems however, these can be overcome too, with help from the Lord.) We can tackle this problem with the Lord's help and He will give us the power to trim down. As we seek the Lord and ask for His help in this area, He will not fail us. He will give us the strength to overcome gluttony or other bad eating habits.

Here are some helps to overcoming weight problems which usually come about through lack of knowledge or lack of discipline or lust for food:

(1). First, repent for yielding to the temptation of lust for food. **(Phil 3:19, "Whose end is destruction, whose God is their belly, and whose glory is in their shame, who mind earthly things".)**

(2). Then, submit to God and ask Him for the power to overcome gluttony through His Holy Spirit and resist the devil through prayer and obedience to God. (**James 4:7, "Submit yourselves therefore to God. Resist the devil, and he will flee from you".**)

(3). Next, ask for God's plan for your weight loss. Allow Him to lead you as to what He wants you to do. He knows your body and He will direct you as to how you are to eat. Ask for a desire for healthy foods and ask Him to remove your cravings for unhealthy foods. (**1 John 5:14-15, "And this is the confidence that we have in him, that, if we ask any thing according to his will, he heareth us: And if we know that he hear us, whatsoever we ask, we know that we have the petitions that we desired of him".**)

(4.) Daily, thank God for setting you free and do not allow the devil to discourage you by his condemning whispers to your mind. Sometimes the Lord does a quick work at other times it may be slower. Don't be discouraged even if at times it seems slow or you fail occasionally.. Remember, this came "little by little" and it is sometimes more healthy to lose it "little by little" (Losing as little as 2 lbs. a month amounts to 24 lbs. in a year). In the process you will be developing new habits and disciplines that will eventually become established eating patterns. (**Romans 8:1-4, "There is therefore now no condemnation to them which are in Christ Jesus, who walk not after the flesh, but after the Spirit. For the law of the Spirit of life in Christ Jesus has made me free from the law of sin and death. For what the law could not do, in that it was weak through the flesh, God sending his own Son in the likeness of sinful flesh, and for sin, condemned sin in the flesh: That the righteousness of the law might be fulfilled in us, who walk not after the flesh, but after the Spirit".**)

(5.) Add fasting periodically as the Lord leads. Even fasting one meal or one day a week will help in disciplining your body to be subject to your spirit man. (**Matthew 6:17-18, "But when you fast, anoint your head, and wash your face; so it doesn't appear to men that you are fasting, but it is known to your Father which is done in secret: and your Father, which sees this secret, shall reward you openly".**)

1 Corinthians 6:19-20, "Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your body." May the Lord bless you as you seek Him in this area and make Him the "Lord of the Fork" and overcome this little fox!

PART SIX

QUESTIONS, DOCTORS, MEDICINE

PART SIX: QUESTIONS, DOCTORS, MEDICINE

When Christians hear that God's will is for them to be healed and that He will indeed heal them, and will heal everyone who believes in His Son and asks for healing, they usually ask a couple of questions. The first question is typically: Why didn't Paul get healed?

What they are referring to is this Scripture:

“To keep me from becoming conceited because of these surpassingly great revelations, there was given me a thorn in my flesh, a messenger of Satan, to torment me. Three times I pleaded with the Lord to take it away from me. But he said to me, "My grace is sufficient for you, for my power is made perfect in weakness." -2 Corinthians 12:7-10:

Andrew Wommack (http://www.awmi.net/extra/article/pauls_thorn) gave an excellent explanation of this:

“If we look at the context of Paul's thorn in the flesh, we find that infirmity does not mean sickness in 2 Corinthians 12:9 and 10. In 2 Corinthians 11:30, Paul uses the exact terminology of "glorying in infirmities" that is used just a few verses later in speaking about this thorn. In the eleventh chapter he had just finished listing what those infirmities were. In verses 23-29, he lists such things as imprisonment, stripes, shipwrecks, and stonings; none of these speak of sickness. Verse 27 mentions weakness and painfulness, which some have tried to make mean sickness, but it is just as possible he could have been weary and suffered painfulness from such things as being stoned and left for dead (Acts 14:19). All these things listed in 2 Corinthians 11 refer to persecutions as infirmities. So, in context, Paul's thorn was a demonic angel or messenger sent by Satan which continually stirred up persecution against him. This is also verified by three Old Testament references (Num. 33:55; Josh. 23:13 and Judg. 2:3), where people are spoken of as being "thorns in your sides" and "thorns in your eyes."

Paul asked the Lord to remove persecution from him, not sickness, and the Lord told him His grace was sufficient.”

Some may also ask if healing was given to the apostles as a sign of God's power. I agree with that. But I have yet to find in Scripture where it says the power was temporary, or where it has been revoked from the church.

Others may point out Paul's instruction to Timothy about wine and ask why Paul could not heal Timothy.

“No longer drink water exclusively, but use a little wine for the sake of your stomach and your frequent ailments.” 1 Timothy 5:23

So why didn't Paul heal Timothy? He couldn't. Remember only God can heal. It's possible that Timothy struggled with accepting that he could be healed. Though this would seem unlikely as he undoubtedly would have witnessed others getting healed. What is interesting in this passage is that it is a word of instruction. Paul is giving him dietary advice.

In the western world we have become use to good clean drinking water. The water that comes out of our taps has usually gone through some sort of purification or filtering process. Often it even has been given additives such as fluoride to assist in our oral health. This is a luxury that we rarely give a second thought. In the ancient world they did not have such luxuries. They didn't know about germs and bacteria the way we do. They did not know about micro-organisms living in water. Today we know such things. Research has also shown that a little wine in a diet can be beneficial.

God does expect us to take care of our bodies. Taking care of our bodies means eating and drinking things that are healthy and beneficial. God expects us to be good stewards of what He has blessed us with. It would be an insult to receive healing from God then abuse our bodies by the things we put into them. Most of us know what we should and should not be eating and drinking. If not then review the recommendations on the Harvard School of Public Health web site. I'll quote one small portion about the importance of fruits and vegetables:

“Eat your fruits and vegetables” is one of the tried and true recommendations for a healthy diet. And for good reason. Eating plenty of fruits and vegetables can help you ward off heart disease and stroke, control blood pressure and cholesterol, prevent some

types of cancer, avoid a painful intestinal ailment called diverticulitis, and guard against cataract and macular degeneration, two common causes of vision loss.”

Source: <http://www.hsph.harvard.edu/nutritionsource/fruits.html>

Many times we are sick, diseased and defeated because we make poor dietary choices. I could spend the rest of this paper devoted to the importance of eating a good, healthy diet. But I will leave that to you to investigate. Again, an excellent place to start is the Harvard School of Public Health web site: <http://www.hsph.harvard.edu/nutritionsource>. If you don't have access to the web then check out resources on proper nutrition at your local library.

But back to Timothy and his stomach. We don't know what his diet was like. We have some knowledge about the water of the ancient world. From the text it seems that Timothy was not living in a constant state of illness, but would get sick frequently. Perhaps Timothy had a poor diet. Perhaps Timothy was healed but would get sick again because of poor water or poor food choices. Paul does not say in this passage Timothy could not be healed. I am hard pressed to think of passages were that is said except in connection with a lack of faith or sin. Those who use this passage as “proof” that the days of healing are over make a weak case. We don't have a full picture on which to judge.

Other popular questions are along the lines of: If healing is still available why did all the apostles die? Isn't sickness just part of death? How does God intend for us to die?

First let's remember all healing is temporary. At some point we do have to die. God has limited the number of years we are allowed to live.

**“As for the days of our life, they contain seventy years, Or if due to strength, eighty years, Yet their pride is but labor and sorrow; For soon it is gone and we fly away.”
-Psalm 90:10**

So then, how should we come to the end of our years?

**“When You take away their breath, they die and return to their dust.”
-Psalm 104:29**

“You will come to the grave in full vigor, like the stacking of grain in its season.”

-Job 5:26

We will all die. However God does not need cancer or disease to aid this process. What loving Father would put disease on his beloved child? If you are a parent, would you allow your child to suffer with sickness and disease if you had the power to heal them? Of course not. If you could give them the gift of being healed you would. Do you think God would act any different?

“If you, then, though you are evil, know how to give good gifts to your children, how much more will your Father in heaven give good gifts to those who ask Him!”

-Matthew 7:11

God’s design is that when our time has come, He will remove our breath and we will fall asleep in Christ and wake up alive in heaven with Him.

Doctors / Prescriptions / Operations

You may be familiar with the story of the man whose house was caught up in a flood. As the waters began to rise, he earnestly prayed, “God save me from this flood.” Just as the water entered his house, a row boat passed by. The person in the row boat said, “Climb in and I’ll take you to safety.” The man declined saying, “God will save me.”

As the waters came up to the man’s waist, a fishing boat came by. The person in the fishing boat said, “Climb in and I’ll take you to safety.” The man again declined saying, “God will save me.”

The waters continued to rise and the man had to climb on his roof. Just then a helicopter came by and lowered a safety basket. The pilot instructed the man, “Climb in and I’ll take you to safety.” The man declined saying, “God will save me.”

The waters continue to rise and the man drowned. As he stood before God, he said “Lord, why didn’t you save me?” The Lord replied, “My son, I sent you a row boat, a fishing boat and a helicopter. What else did you need?”

In the same way it is possible to ignore God's provisions for healing. While He walked on earth Jesus told us in John 14:12: "I tell you the truth, anyone who has faith in me will do what I have been doing. He will do even greater things than these."

Modern medicine is an incredible gift of God. God has blessed physicians, chemists and researchers with the ability to treat and cure a wide spectrum of diseases and afflictions. Through God's blessing man has been able to stamp out illnesses that even just 100 years ago would have meant certain death to the afflicted. I recently read an article how blue-tooth technology was being utilized to help a double amputee to walk again. All of this knowledge and technology are gifts of God.

Does that mean it is wrong to pray for healing that medicine can cure? Absolutely not. If God wants to do divine healing He can because He is faithful. If God instead chooses to use Doctors or medicine He can because He is faithful. Don't get caught up in the "HOW" of the healing. Stay focused on the RESULT. Remember what you are praying for is healing. Let God decide the best way to bring it about.

So if Doctors/medicine can heal – why pray for healing? There are numerous reasons. I can think of 3 immediately:

1. Because God wants us to be healed. There have been numerous studies that have shown that sick people who pray, or are prayed for, heal much faster than those who do not. The interesting part is that in some studies patients did not even know that they were being prayed for, yet those who were prayer for recovered faster.
2. Medicine alone does not always work. You have likely heard of two people who had similar illnesses and were both treated with the same type of drug – yet one will recover and the other will not. When we ask Jesus to intercede for us for healing He watches over us and helps us. Medicine works only because God allows it to work. That is not to say that God makes medicine not work on some people. But it is to say that God may limit Himself from intervening if He is not invited. He will not force Himself upon us. Instead, He lovingly allows us to choose Him – as He has already chosen us.

3. God may choose to heal supernaturally. He may wish to display His power by healing you without the intervention of Doctors or medicine. Our chief concern is that we simply do not limit God. We trust Him enough to do what He knows is best. Our job is to ask. His job is to bring the result, however He may choose. We must remember that we are the servant and God is the master. It is not the other way around.

PART SEVEN:

GETTING STARTED

PART SEVEN: GETTING STARTED

Earlier today I was feeling fine. I was getting ready to go somewhere when all of sudden I did not feel well at all! At once I was struck with a nauseous feeling and a pain in the side of my head and felt I was having trouble swallowing. It was a strange illness like I had never experienced before.

I didn't know what to do, so I prayed: "Lord, I don't feel well right now I'm not sure what is going on. But I pray in the name of Jesus, that by His stripes you would touch and heal me." Sixty seconds later I still did not feel any better. But instead of saying, "I still feel terrible." I confessed, "Lord You said all we have to do is ask and You would heal us. It is written 'By Your stripes we are healed.' So thank You God for touching and healing my body." And I continued to think about God's promises to heal.

Would you believe that within 20 minutes I was completely better? I no longer felt the sick feelings that I had earlier. What happened was I held to the promise of God's Word and accepted it as my reality. God then, by His graciousness, healed me.

This is a very simple but very common and important healing. And it serves as a good example of how you can start to build your faith in God's Word. Simply put: start small.

Was David's first fight against the giant Goliath? No. If you read the scriptures David first had victory with a bear and a lion. God used smaller battles to prepare David for a bigger battle. Very few hikers ever try to climb to the top of Mt. Everest for their first hike. If they did they would almost assuredly fail and many would never try hiking again. They would feel discouraged and think they are incapable of such a task. Actually, they may be quite capable, but first must have the experience and success with smaller mountains before they know how to take on such a large task.

In the same way as you see victory in smaller healings it will build your faith. You will see that God does still heal people and that He is quite interested in seeing us healthy and whole. It is easier to believe that healing will come when you've seen it happen time and time again. You will

come to expect it. You will come to know you can rely on God and His Word, that they are trustworthy and true. Your confidence in God's power increases and you see Him work.

This is not to say that God will not heal you of your cancer or other illness if you don't have any prior experience. God is God and will allow things to work however He chooses. But the examples I see in scripture are that He typically has us experience smaller victories first. The smaller victories allow us to draw closer to Him and learn His ways and grow in our faith in Him and His capabilities.

A-B-C-D-E Healed!

Don't make healing more complex than it needs to be. Remember that God has already done all the work. All we need to do is walk the path He shows us in Scripture. This whole paper can be summarized as simply as A-B-C-D-E.

- A) Accept Jesus as your Lord and Savior
- B) Believe His Word, Believe His Power
- C) Confess the Word! Confess your healing!
- D) Day-Dream/Visualize yourself healed.
- E) Eat right and exercise

PART EIGHT

FURTHER STUDY

PART EIGHT: FURTHER STUDY

I am thankful to Sandy Simpson who posted many of the following Scriptures in her essay, "Biblical Divine Healing Versus Other Types Of Healing". These are listed so you may do further study on the power of Christ and His ability to heal you of whatever sickness, disease or health related issue you are dealing with. Read these Scriptures and make note of all the times healing took place. Remember, Jesus is the same, yesterday, today and forever. What He did then, He does now!

Matthew 4:24 News about him spread all over Syria, and people brought to him all who were ill with various diseases, those suffering severe pain, the demon possessed, those having seizures, and the paralyzed, and he healed them.

Matthew 8:3 Jesus reached out his hand and touched the man. "I am willing," he said. "Be clean!" Immediately he was cured of his leprosy.

Matthew 8:8, 13 The centurion replied, "Lord, I do not deserve to have you come under my roof. But just say the word, and my servant will be healed. Then Jesus said to the centurion, "Go! It will be done just as you believed it would." And his servant was healed at that very hour.

Matthew 8:14-15 When Jesus came into Peter's house, he saw Peter's mother-in-law lying in bed with a fever. He touched her hand and the fever left her, and she got up and began to wait on him.

Matthew 9:21-22 She said to herself, "If I only touch his cloak, I will be healed." Jesus turned and saw her. "Take heart, daughter," he said, "your faith has healed you." And the woman was healed from that moment.

Matthew 11:5 The blind receive sight, the lame walk, those who have leprosy are cured, the deaf hear, the dead are raised, and the good news is preached to the poor.

Matthew 12:10 A man with a shriveled hand was there. Looking for a reason to accuse Jesus, they asked him, "Is it lawful to heal on the Sabbath?" (They knew he would heal)

Matthew 15:30 Great crowds came to him, bringing the lame, the blind, the crippled, the mute and many others, and laid them at his feet; and he healed them.

Matthew 21:14 The blind and the lame came to him at the temple, and he healed them.

Mark 1:42 Immediately the leprosy left the man and he was cured.

Mark 5:23 A man pleaded earnestly with him, "My little daughter is dying. Please come and put your hands on her so that she will be healed and live." And the girl was brought back from the dead.

Mark 10:52 "Go," said Jesus, "your faith has healed you." Immediately he received his sight and followed Jesus along the road.

Luke 7:7 A man said to Jesus "That is why I did not even consider myself worthy to come to you. But say the word, and my servant will be healed." And the servant was healed.

Luke 7:21 At that very time Jesus cured many who had diseases, sicknesses and evil spirits, and gave sight to many who were blind.

Luke 7:22 So he replied to the messengers, "Go back and report to John what you have seen and heard: The blind receive sight, the lame walk, those who have leprosy are cured, the deaf hear, the dead are raised, and the good news is preached to the poor.

Luke 13:10-13 On a Sabbath Jesus was teaching in one of the synagogues, and a woman was there who had been crippled by a spirit for eighteen years. She was bent over and could not straighten up at all. When Jesus saw her, he called her forward and said to her, "Woman, you are set free from your infirmity." Then he put his hands on her, and immediately she straightened up and praised God.

Luke 14:4. So taking hold of the man, he healed him and sent him away.

Luke 17:15 One of them, when he saw he was healed, came back, praising God in a loud voice.

Luke 22:51 But Jesus answered, "No more of this!" And he touched the man's ear and healed him.

John 4:47 When this man heard that Jesus had arrived in Galilee from Judea, he went to him and begged him to come and heal his son, who was close to death.

John 5:9-10 At once the man was cured; he picked up his mat and walked. The day on which this took place was a Sabbath, and so the Jews said to the man who had been healed, "It is the Sabbath; the law forbids you to carry your mat."

John 11:1 Now a man named Lazarus was sick. He was from Bethany, the village of Mary and her sister Martha. And was brought back from the dead.

Acts 3:16 By faith in the name of Jesus, this man whom you see and know was made strong. It is Jesus' name and the faith that comes through him that has given this complete healing to him, as you can all see.

Acts 8:7 With shrieks, evil spirits came out of many, and many paralytics and cripples were healed.

Acts 14:9 He listened to Paul as he was speaking. Paul looked directly at him, saw that he had faith to be healed.

Acts 28:8 His father was sick in bed, suffering from fever and dysentery. Paul went in to see him and, after prayer, placed his hands on him and healed him.

Jesus is able to cure all who come to him, even those with evil spirits or other mental illness.

Matthew 8:33 Those tending the pigs ran off, went into the town and reported all this, including what had happened to the demon possessed men.

Matthew 9:33 And when the demon was driven out, the man who had been mute spoke. The crowd was amazed and said, "Nothing like this has ever been seen in Israel."

Matthew 12:22 Then they brought him a demon possessed man who was blind and mute, and Jesus healed him, so that he could both talk and see.

Matthew 15:28 Then Jesus answered, "Woman, you have great faith! Your request is granted." And her daughter was healed from that very hour.

Matthew 17:18 Jesus rebuked the demon, and it came out of the boy, and he was healed from that moment.

Mark 7:29 Then he told her, "For such a reply, you may go; the demon has left your daughter."

Luke 4:35 "Be quiet!" Jesus said sternly. "Come out of him!" Then the demon threw the man down before them all and came out without injuring him.

Luke 6:18 Those troubled by evil spirits were cured.

Luke 8:2 Some women who had been cured of evil spirits and diseases: Mary (called Magdalene) from whom seven demons had come out;

Luke 8:36 Those who had seen it told the people how the demon possessed man had been cured.

Luke 9:42 Even while the boy was coming, the demon threw him to the ground in a convulsion. But Jesus rebuked the evil spirit, healed the boy and gave him back to his father.

Luke 11:14 Jesus was driving out a demon that was mute. When the demon left, the man who had been mute spoke, and the crowd was amazed.

Acts 10:38 God anointed Jesus of Nazareth with the Holy Spirit and power, and he went around doing good and healing all who were under the power of the devil, because God was with him.

The other verses in the New Testament on healing, as listed below, were generic listings which were not specific as to what kind of healings were done. We cannot infer anything from the silence of these passages as to the types of healings, simply that Jesus healed many types of diseases and conditions.

Matthew 4:23 Jesus went throughout Galilee, teaching in their synagogues, preaching the good news of the kingdom, and healing every disease and sickness among the people.

Matthew 8:16 When evening came, many who were demon possessed were brought to him, and he drove out the spirits with a word and healed all the sick.

Matthew 9:35 Jesus went through all the towns and villages, teaching in their synagogues, preaching the good news of the kingdom and healing every disease and sickness.

Matthew 12:15 Aware of this, Jesus withdrew from that place. Many followed him, and he healed all their sick,

Matthew 14:14 When Jesus landed and saw a large crowd, he had compassion on them and healed their sick.

Matthew 14:35 And when the men of that place recognized Jesus, they sent word to all the surrounding country. People brought all their sick to him

Matthew 14:36 and begged him to let the sick just touch the edge of his cloak, and all who touched him were healed.

Matthew 19:2 Large crowds followed him, and he healed them there.

Mark 1:34 Jesus healed many who had various diseases. He also drove out many demons, but he would not let the demons speak because they knew who he was.

Mark 3:10 He had healed many, so that those with diseases were pushing forward to touch him.

Mark 6:5 He could not do any miracles there, except lay his hands on a few sick people and heal them.

Mark 6:13 They drove out many demons and anointed many sick people with oil and healed them.

Mark 6:56 And wherever he went- into villages, towns or countryside- they placed the sick in the marketplaces. They begged him to let them touch even the edge of his cloak, and all who touched him were healed.

Luke 4:40 When the sun was setting, the people brought to Jesus all who had various kinds of sickness, and laying his hands on each one, he healed them.

Luke 5:15 Yet the news about him spread all the more, so that crowds of people came to hear him and to be healed of their sicknesses.

Luke 6:18 who had come to hear him and to be healed of their diseases. Those troubled by evil spirits were cured,

Luke 6:19 and the people all tried to touch him, because power was coming from him and healing them all.

Luke 9:6 So they set out and went from village to village, preaching the gospel and healing people everywhere.

Luke 9:11 but the crowds learned about it and followed him. He welcomed them and spoke to them about the kingdom of God, and healed those who needed healing.

John 6:2 and a great crowd of people followed him because they saw the miraculous signs he had performed on the sick.

John 7:23 Now if a child can be circumcised on the Sabbath so that the law of Moses may not be broken, why are you angry with me for healing the whole man on the Sabbath?

Acts 5:16 Crowds gathered also from the towns around Jerusalem, bringing their sick and those tormented by evil spirits, and all of them were healed.

Acts 19:12 Even handkerchiefs and aprons that had touched him were taken to the sick, and their illnesses were cured and the evil spirits left them.

Acts 28:9 When this had happened, the rest of the sick on the island came and were cured.

1 Peter 2:24 He himself bore our sins in his body on the tree, so that we might die to sins and live for righteousness; by his wounds you have been healed.

Old Testament Scriptures for healing:

Then your light will break forth like the dawn, and your healing will quickly appear; then your righteousness will go before you, and the glory of the LORD will be your rear guard.- Isaiah 58:8

Praise the LORD, O my soul, and forget not all his benefits- who forgives all your sins and heals all your diseases- Psalm 103:2-3

My son, pay attention to what I say; listen closely to my words. Do not let them out of your sight, keep them within your heart; for they are life to those who find them and health to a man's whole body.- Proverbs 4:20-22

Exodus 15:26-God is the Lord Who heals us.

Exodus 23:25-God's promise that if we will worship Him, He will bless our food and water, and take sickness from our midst.

Numbers 22:4-9- The Israelites are healed from poisonous snakebites as they look on a bronze snake, which we later find out was a type of Jesus' death on the cross (John 3:14).

Deuteronomy 5:33. "Ye shall walk in all the ways which the Lord your God hath commanded you, that ye may live, and that it may be well with you, and that ye may prolong your days in the land which ye shall possess."

Deuteronomy 7:15-God's promise to keep His people free from disease.

Deuteronomy 30: 19, 20: The choice of life or death, blessing or cursing is ours.

2 Kings 5:1-14- Naman healed of leprosy.

2 Kings 20:1-11-After being told he is about to die, King Hezekiah turns his back to the wall" and seeks God for his healing. As a result, God adds 15 years to his life.

2 Chronicles 16:9- God's eyes constantly look for opportunities to show Himself mighty on behalf of His people.

2 Chronicles 30:20-God heals the people in response to Hezekiah's prayer.

Psalms 30:2 The Psalmist cries out to God and is healed.

Psalms 34:19 "Many are the afflictions of the righteous, but the LORD delivers him out of them all."

Psalms 42:11 The Psalmist puts his hope in God, because He is "the health of my countenance, and my God."

Psalms 67: 1- A prayer for God's saving health to be known among all nations.

Psalms 91:16-God promises to satisfy with long life those who will dwell in His "secret place."

Psalms 103:3-He forgives all of our sins and heals all of our diseases.

Psalms 105:37 God brings the Israelites forth also with silver and gold: and there was not one feeble person among them.

Psalms 107:19-20 God sends His word, and heals us, and delivers us from our destructions.

Psalms 118:17-The psalmist proclaims that he will not die but live, and will proclaim the works of the Lord.

Psalms 147: 3-God heals the broken in heart, and binds up their wounds.

Proverbs 3:1-2-Following God's Law gives us long life and peace.

Proverbs 3:7-8 "Do not be wise in your own eyes; fear the LORD and depart from evil. It will be health to your flesh, and strength to your bones."

Proverbs 4:20-23-God's Word is health to a man's whole body.

Proverbs 9:11- By God's wisdom the days of our lives are lengthened and multiplied.

Proverbs 17:22-A merry heart doeth good like a medicine. It is a proven medical fact that laughter releases healing enzymes in the human body.

Isaiah 53:4-5- "Surely He hath borne our griefs (sicknesses) and carried our sorrows (pains) yet we did esteem Him stricken, smitten of God and afflicted. But He was wounded for our transgressions, He was bruised for our iniquities; the chastisement of our peace was upon Him; and by His stripes we are healed."

Isaiah 58:8 "Thy light shall break forth as the morning, and thy health shall spring forth speedily; and thy righteousness shall go before thee: the glory of the Lord shall be thy rear guard."

Jeremiah 30:17 But I will restore you to health and heal your wounds,' declares the LORD, 'because you are called an outcast, Zion for whom no one cares.'

Jeremiah 33:6 "Behold, I will bring you health and cure, and I will cure you, and will reveal unto you the abundance of peace and truth."

Joel 3:10- Let the weak say, `I am strong!`

Malachi 3:6- "For I am the Lord, I change not..." If God ever did heal, He still does!

Malachi 4:2-The Sun of Righteousness (Jesus) will rise with healing in His wings.

Below is a powerful prayer I found by Ameerah Lewis on her web site.

Jesus,

I come before you and praise you this day and every day, because I am fearfully and wonderfully made, Lord. It was You that carefully designed every system, organ and gland in my body, and gave each one their tasks. I ask that you remind each one of the task it is given, and help them all to perform them perfectly.

Father God, you have said that I have the keys to the kingdom of heaven, and that whatever I bind on earth is bound and whatever I loose on earth is loosed! So, with that power, this day, in the mighty name of Jesus, I declare that my body is Your temple and I choose to glorify You with it. I bind any sickness or disease that has been trying to attack my body. I command it to flee in the name of Jesus so that I can present a healthy body to my Lord as a living sacrifice unto Him.

Lord, you have said that, through Jesus Christ, I am redeemed from the curse of the law. So, I receive that redemption right now in Jesus name. No weapon of sickness or disease formed against me shall prosper any longer!

In Your Word, you have promised that You will restore me to health and heal my wounds. Because I serve You, You said You would bless my food and take sickness away from me. Because I listen closely to every Word that You speak, and I keep them in my heart, You promised that they would be life and health to my whole body.

I choose to believe those promises Father. Help me to believe them more than I believe the

doctors that I visit or the symptoms I feel. Help me to stand on Your holy Word today and everyday.

Right now, today, I confess that Jesus Himself bore my pains and carried my sicknesses. He was pierced for my transgressions and crushed for my iniquities. The punishment for my well-being fell on Him, and by His stripes I am healed and made whole!

Anything that was out of balance in my body, through Jesus' sacrifice, is now put back into balance. Anything trying to work death in my body is itself withering and dying, because You Father have promised that I will live and not die!

Thank You, Father, that my light breaks forth as the morning and that my health springs forth speedily!

In Jesus Holy Name I Pray – Amen

My friend, I trust God will use this in your life and it will be a blessing to you! God wants you to be healed. He loves you and He has plans for your life! Pray with me:

Heavenly Father thank You for the work You have already done. I pray Your blessing into this reader's life. May You touch and heal them by the power of Jesus name and by His stripes may they be completely healed! Thank You God for your healing touch. Bless my friend, may they always be found in You. Keep them strong, healthy and active in Your work, for Your glory. Keep them from sin and temptation. Deliver them from the evil one. And may we all rejoice together in You as we prepare for Your triumphant return. In Jesus name we pray Amen.

My friend, I will see you on the other side! God bless you!